



FITNESS INCENTIVE PROGRAM

FOR ALL GESD EMPLOYEES

WHY

Make your health a priority!

WHAT

\$75 INCENTIVE
each quarter if you
attend a fitness
facility on an
average of three
times per week*



HOW

Provide proof of a
paid membership
to a fitness facility
AND
proof of
participation from
the fitness facility.

WHEN

Program starts July 1, 2023

First Quarter: July 1-Sept. 30. Reimbursement forms due by Oct. 6.

Second Quarter: Oct. 1-Dec. 31. Reimbursement forms due by
January 13.

Third Quarter: January 1-March 31. Reimbursement forms due April 5.

Fourth Quarter: April 1-June 30. Reimbursement forms due July 12.

*Only one time per day will count at a particular facility. The program is intended to encourage employees to visit the fitness facility three times a week all quarter.

Attendance logs are verified. Each employee will be given one week's grace each month. The incentive will be provided in a gift card from your choice of merchants: Fry's, Amazon or Target.